



Year 1 Daily Schedule

		Internet	OR	No Internet
Before 9:00	Wake Up	Eat breakfast, make your bed, get dressed		
9:00-9:30	Morning Exercise	Go Noodle- https://family.gonoodle.com/ Just dance- Youtube Walk, yoga	or	Wake and Shake Cha,Cha slide, Do you want to be a super hero, Jai Ho Walk, Yoga,
9:30-10:00	Phonics	Purple Mash 2Do Task Or Play Phonic Games Phonicsplay.co.uk Teachyourmonstertoread.com Topmarks- search phonics Or another website if you find one	or	Choose a task from the spelling/phonics grid
10:00-11:00	Learning Time English or Maths	Look at your 2Do Purple Mash	or	Choose a task from the English/maths grid
11:00-12:00	Creative Time	Lego, cooking, craft, junk modelling, practise your instrument, draw/paint a picture, collage		
12:00-1:00	Lunch Time/Chore time	Ask your adult if they would like you to help: Wash the lunch plates Wipe down the table Give the door handles and light switches a clean		
1:00-1:30	Quiet time	Reading, Puzzle, colouring or a nap		
1:30-2:00	Reading	Reading and enjoying story on your own or with a family member		
2:00-3:30	Learning Time	To complete a 2Do activity that has been set by your teacher	or	Choose a task from the topic grid
3:30 – 4:30	Now you have worked hard and have some fun and get some exercise!	Bikes, play outside, gardening If wet- yoga or wake and shake		

Look at the front of your reading record. Choose some high frequency words and practise spelling them	Make word search using some of the high frequency words	Play hangman
Quick write! Get someone to say a high frequency word and see how many times you can write it in 30 seconds	Choose words from your reading book. Can you write them down and put sound buttons underneath them	How many words can you list with 2,3,4,5, 6, letters from the red page in your reading record?
Look back at some of your old word cards. Can you still read and spell the words	Ask your adult to help you choose a long word from the purple page of your reading record/or dictionary. How many words can you make from it	
Find five new words in a book and write definitions for them	Select words from the front of your reading record and write them out in different colours	Find adjectives (describing words) in your reading book
Can you clap out syllables for types of animals or family members	Get a family member to test you on some high frequency words	Test a family member and then mark their work

Draw a close observational picture of a plant in your house or garden	Draw a map of your garden, labelling where trees, hedges and pathways might be	Go outside and do some picture rubbings of tree bark or leaves using crayons
Grow your own carrot. Get a carrot and slice the top off. Place it in a dish of water and watch it grow. Can you record it as it grows	Look at food packaging and the information it gives. Can you design your own packaging for a particular food	Look at food packaging and see if you can find out which continent it comes from
Make an Easter bonnet to wear on Easter Sunday	Design your own Easter Egg picture	Create your own Easter card
Set the table for lunch/dinner and, with adult help, cook a meal for everyone	Clear out the cupboards! Check that all your food items are in date e.g. use by or best before date	Write a menu for a family meal and decorate it
Play shops, using toys/items from around the house. Can you use real money too?	Design your own sandwich. Look at ideas on the internet	Have a teddy bears tea party in the garden with your favourite toys

Read a favourite poem and learn it by heart. Can you recite it to your family?	Write a letter to a friend (real or make believe!)	Bake a cake or cook a meal and write instructions. Remember all the features!
Write sentences about the view or a room you can see	Write a poem about your favourite toy	Imagine you are on an island. What 5 things would you take and why?
Read a favourite story and then draw a story map (no words) to describe it	Read a favourite book and then write a book review about it to share with your friends	Think of as many nouns for objects in a kitchen and list them.
Find money around your house and count it up. Can you make different amounts with the coins?	Find a measuring jug. With an adult look at the measurement of litres. Can you pour 100ml, 200ml, 300ml etc into different containers?	What 3D shapes can you find around the house? Draw a picture of all the items that are cylinders, cuboids or spheres
Practise writing your numbers as digits and words 6 - six	Practise writing out your number bonds for 10 and then for 20	How quickly can you count in 2s up to 50?

We hope you enjoy the ideas above and find the timetable helpful. We have put this together to give you some ideas on how to organise your day however you may choose to put your own timetable together that suits your family.

We would like to see the learning activities completed and we ask that you continue reading with your child EVERY DAY!

You may choose an activity from the spelling/phonics, English/maths and topic menu or complete the Purple Mash 2Do Task set by your teacher.

Of course, there is no expectation for children to work if they are ill.

Many thanks,

The Year One Team